

Gabrielė Gervickaitė

Everyday Patterns



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EMPOWERING TOOLS

What is a pattern?

Where do we encounter
them? How can we
recognise them?

A pattern is anything that repeats. They are the dots, lines, waves and spaces that make up our world. We encounter them every day, often without noticing, and some patterns are so familiar that we don't even recognise them, such as rows of buildings, the beating of our heart, the shape of a feather and even the timetable of our lessons at school!

People and communities have the power to create patterns, too – how we live and behave towards each other. These patterns can become models of how we recognise and create things, and how we connect to each other.

How are patterns made?

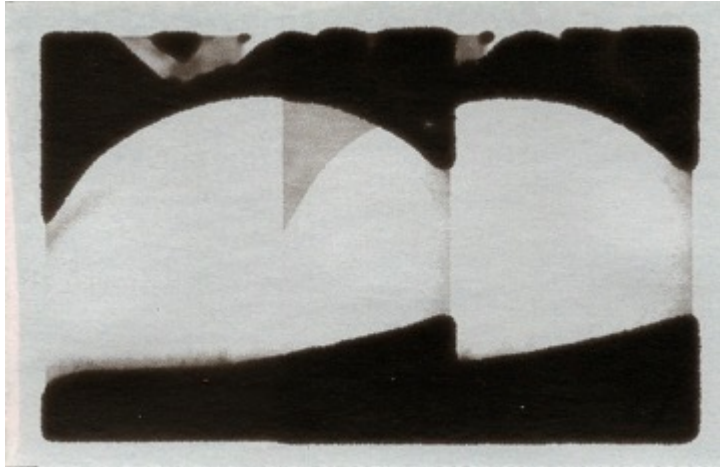
Who makes patterns?

How many patterns can we see around us?



Gabrielė Gervickaitė. Brains defragmenter. Paper collage. 2022.

Which patterns make you happy?
Which patterns make you feel safe and calm?
Which patterns annoy you?



Gabrielė Gervickaitė. Memory skin. Digital photography. 2020.

Which patterns would you like to change?
Which patterns do you find beautiful?
Which patterns do you find ugly?



Improvised Broccoli Picture
Lina, 2022



First, cut the fruit and vegetables in half, and then study their interiors carefully.

Do you see any patterns? What do they remind you of?

- Draw a composition of the fruits and vegetables that have been cut in half.
- Touch them and draw what you feel.
- Sniff them and draw what you smell.
- Make stamps with the cut sides of the various fruits and vegetables. Dip into paint and then make patterns on paper.

Imagine that you are walking inside a tomato

What do you see around you? What colours can you see? What can you smell? What can you hear? What colour are you? Are you big or small?

Describe the surrounding environment. What shapes, materials, liquids, or holes are there around you? (For this activity you can use any fruit or vegetable, or natural object)



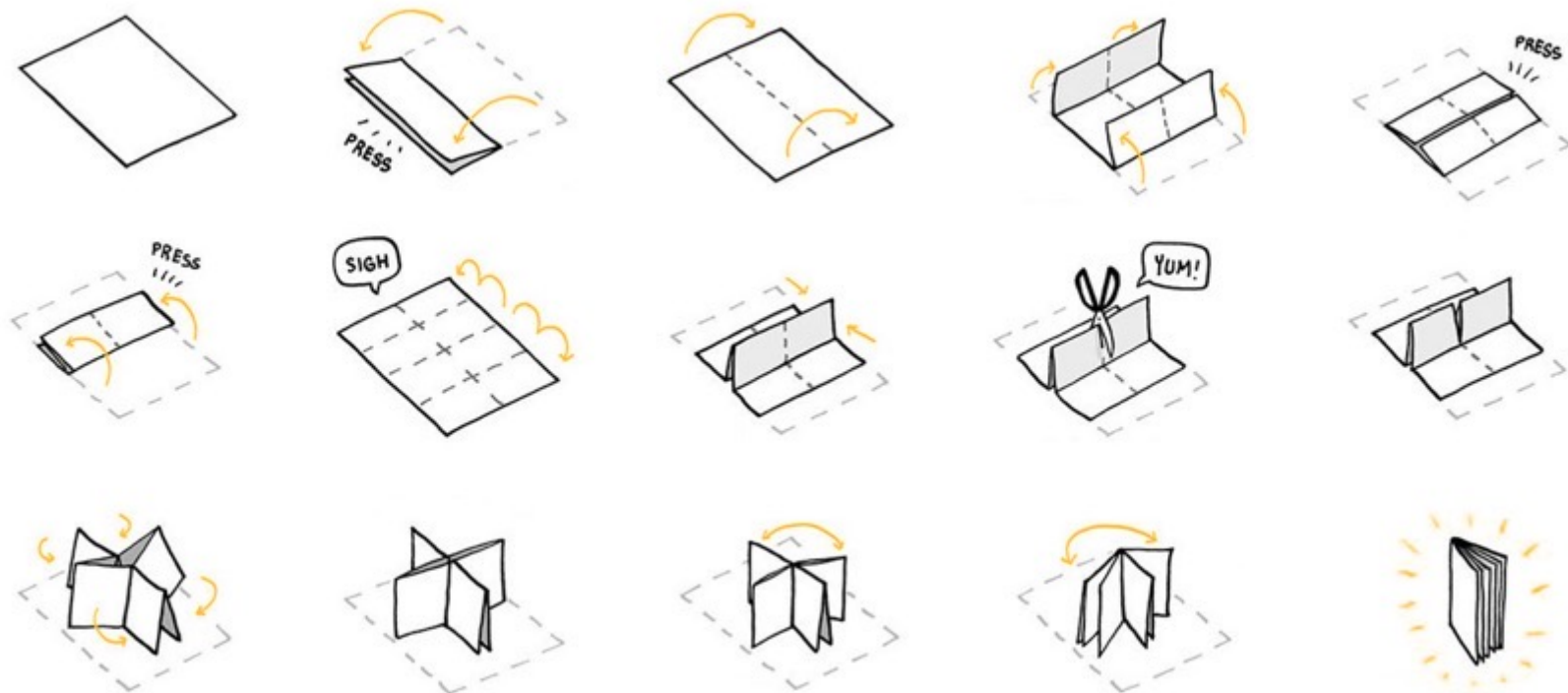
Inside the Tomato
Lina, 2022

Where do patterns appear in our daily life?

What kinds of patterns are they – aural, visual, textural, behavioural?

How does my body recognise patterns? Can I see them, touch them or hear them...

Follow the instructions to fold a mini-book and make your own *pattern* record!



What could you write about?

What could you draw?

- Try doodling—a method of unplanned drawing, usually using dots, lines, and other shapes.
- Write a comic about how a tomato met a carrot and became friends.
- Write a story about a potato coming to Europe.
- Write your name using the letters of fruits and vegetables. For example: TOMAS = T – tomato, O – orange, M – mango, A – apple, S – soybean.

- Write a comic called “My Everyday Patterns”.
- Draw some unusual geometric shapes.
- Write an essay called “The Patterns of My Everyday Life”.

Thank you!

Learning kit by Gabrielė Gervickaitė
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